

Durham Parks and Recreation



Edison Johnson Recreation and Aquatics Center

PROGRAM BROCHURE

Jan. - May 2009



Aquatics
Ballet & Dance
Mature Adult Programs
Martial Arts
Fitness
Pottery & Art
Open Recreation
Computers
Teen Programs

Child Care (After School, Fun Days and Intersession)
Special Events

Edison Johnson Recreation and Aquatics Center

500 West Murray Avenue Durham, NC 27704 Recreation: (919) 560-4270 Aquatics: (919) 560-4265 Fax: (919) 560-4823

DPR provides opportunities for our community to play more!

Edison Johnson General Information

Hours of Operation:

	Recreation Center	Aquatic Center
Mon Thurs.	8 a.m 9 p.m.	6 a.m 8 p.m.
Fri.	8 a.m 9 p.m.	6 a.m 7:30 p.m.
Sat.	8 a.m 6 p.m.	9:30 a.m 5 p.m.
Sun.	I p.m 6 p.m.	lp.m 5 p.m.

Holiday Closures:

Mon. Feb. 19 Martin Luther King Jr. Day

Fri. Apr. 10 Good Friday Mon. May 25 Memorial Day

Directions:

Edison Johnson Recreation and Aquatics Center is located north of I-85 at 500 West Murray Avenue. Murray Avenue may be accessed from either Duke Street (I-85 Exit I76) or Roxboro Road (I-85 Exit I77). The Center is next door to the Museum of Life and Science.

Facility Information:

Edison Johnson Recreation and Aquatics Center consist of two separate buildings, located side-by-side. One is the Recreation Center and the other is the Aquatic Center. They share one large parking lot. Both facilities are completely accessible to persons with disabilities. The features of each facility are listed below:

Recreation Center: gymnasium; pottery studio; dance studio; children's room; exhibit room; arts and crafts room; computer lab; racquetball courts (3); locker rooms; kitchen; meeting room; and open air courtyard.

Aquatic Center: Heated, indoor pool with eight lanes (25 yards) and a zero depth entry ramp; classroom; and locker rooms. The pool depth ranges from 3 $\frac{1}{2}$ to 9 feet.

A <u>Playground</u> with modern equipment and a safe ground surface is situated between the Recreation and Aquatic facilities. It includes a "spray ground" which operates during the summer months.

Rental Opportunities:

Groups may rent space inside the Recreation Center and/or the Aquatic Center for a variety of functions. These include: birthday parties, family reunions, wedding receptions, meetings, team practices, sporting events, and other recreational/social activities and events.

For information on the rental process and the fees involved, call: 560-4270 (Recreation Center) or 560-4265 (Aquatic Center).

Program Registration and Payment Information:

Pre-registration for instructional programs is required, and must be done in person at the appropriate facility. Payment in full is due upon registration. Acceptable methods of payment are cash, check, or credit card (VISA or MasterCard).

Registration is based on a "first come, first served" basis. Once in progress, registration remains open until the second class meeting, or until programs reach maximum enrollment. Waiting lists will be compiled for filled classes.

Students will not be added to a program after the second class meeting. Programs which do not meet minimum enrollment figures will be cancelled. In these cases, enrollees are entitled to a full refund.

Program Fees:

Under each program listed in this brochure, fees are indicated for "City Residents" **(CR)** and "Non-City Residents" **(NCR)**. Enrollees must show proof of residency in the City of Durham to qualify for the City Resident rates.

Financial Assistance:

A "Sliding Fee Scale" payment option is available for qualifying participants for enrollment in "child care" programs (After School, Intersession, Fun Days, and Summer Camp). To be considered for this option, a "Reduced Fee Application" must be completed and submitted*.

A **"Program Waiver"** is available for qualifying participants for enrollment in all other instructional programs. To be considered for this option, a "Program Fee Waiver" form must be completed and submitted*.

*The "Reduced Fee Applications" and "Program Waiver" forms are available at Edison Johnson Community Center. Once completed, Reduced Fee Applications must be delivered to the DPR Main Office (located at 400 Cleveland Street). Completed Program Waiver forms must be returned to the Edison Johnson Community Center. Once assessed, applicants are notified of their status.

Program Registration Dates:

Recreation Center: Registration for all program sessions begins on Jan. 2. Aquatic Center: Registration for each program session begins two weeks prior to the first class. See page 12 for exact dates.

Edison Johnson	Management Staff
Audrey M. Gill	Recreation Manager
Amanda Johnson	Recreation Assistant Supervisor
Susan Grosjean	Aquatics Assistant Supervisor
Kristen Randall	Recreation Assistant Supervisor
	for Special Programs/Inclusion
Anne Harrison	Senior Recreation Specialist
	for Mature Adults and Special Events
Lucille Patterson	Recreation Specialist for Youth
	Programs
Juan Verdin	Aquatics Specialist for Water Exercise
	and Certification Training Programs
Ginny Smith	Aquatics Specialist for Swimming
	Instruction Programs
Amy Pehowic	Administrative Assistant

Special Events

Program Expo (All Ages)

Sample the program offerings at your local community center! At the Program Expo, you and your family can experience a variety of fun aquatic and recreation activities through participation in "mini sessions." Please come dressed to swim and play!

Saturday, Feb. 21, 1 p.m. - 4 p.m.

FEE: FREE



Afterschool (Ages 5-12)

The Edison Johnson After School program operates on the Durham Public School's year-round and traditional school calendars. Activities include: homework assistance, arts and crafts, computer usage. environmental programs, active games, and more. A daily snack is provided. Registration is on-going. Sign up today!

DAYS/TIME: Monday through Friday, 3 - 6 p.m. *FEE: CR (\$25 per week), NCR (\$30 per week)

Intersession, Spring Break and Fun Days (Ages 5 -12)

Full-day programs are offered during intersession weeks, spring break, and on other days that schools are closed. Participants may be involved in activities such as sports, games, swimming, dance, arts and crafts, and more.

Participants are required to bring a lunch and two snacks.

TIME: 7:30 a.m. - 6 p.m.

Dates:

Mon., Mar. 9 (Fun Day) Fri., Mar. 27 (Fun Day) * The "Sliding Fee Scale" applies to After School, Intersession, Spring Break, and Fun Days programs. See page 3 for more information.

Mon. - Fri., Mar. 30 - Apr. 3 (Intersession Week; Closed 4/10)

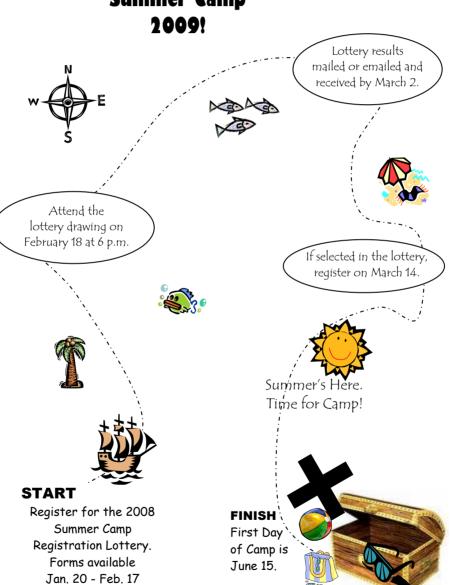
Mon. - Thur., Apr. 6 - Apr. 9 (Intersession Week) Mon. - Fri., Apr. 13 - 17 (Spring Break Week)

*FEE: CR (\$22.50 per Fun Day), NCR (\$27.50 per Fun Day)

CR (\$100 per week), NCR (\$115 per week)

Summer Camp

Find Your Way to Summer Camp 2009!



Preschool & Youth Programs

Art

Art-a-la-carte (Ages 3-5)

This class is designed to bring out your child's artistic side! The class offers fun-filled art projects which include clay work, painting, and holiday creations. Activiti

clude clay work, painting, and holiday creations. Activities can be messy, so please provide a smock or cover-up for your child to wear over his/her clothing.

DAY/TIME: Wed., 9:30 - 10:15 a.m.

SESSIONS: Jan. 7 - Feb. 11, Feb. 25 - Apr. 1 and Apr. 15 - May 20

FEE: CR (\$30), NCR (\$40)

Youth Clay Creations (Ages 8-12)

Calling all budding artists! Children will develop their artistic side by creating original artwork from clay.

DAY/TIME: Wed., 4:30 - 6 p.m.

SESSIONS: Jan. 7 - Feb. 11, Feb. 25 - Apr. 1 and Apr. 15 - May 20

FEE: CR (\$56), NCR (\$66)

Dance

Tiny Tots Ballet (Ages 3-4)

A fun introduction to ballet for preschoolers! This class helps children to develop motor skills, directional awareness and counting, and socialization skills. Preferred class attire consists of

leotards, tights, and ballet slippers. DAY/TIME: Sat., 9:30 - 10:15 a.m.

SESSIONS: Feb. 7 - Mar. 21 and/or Apr. 4 - May 16

FEE: CR (\$35), NCR (\$45)

Kinder Ballet (Ages 5-6)

Children learn grace and poise in ballet! This class introduces children to the ballet barre, proper dance terms, and correct body positioning. Preferred class attire consists of leotards, tights, and ballet slippers.

DAY/TIME: Sat., 10:30 - 11:15 a.m.

SESSIONS: Feb. 7 - Mar. 21 and/or Apr. 4 - May 16

FEE: CR (\$35), NCR (\$45)

Preschool & Youth Programs continued

KidFitness (Ages 3-5)

Participants are introduced to sports, games, and exercises in this class designed just for them.

DAY/TIME: Tuesday, 2:15 - 3 p.m.

SESSIONS: Jan. 6 - Feb. 10 and Feb. 24 - Mar. 31, and

Apr. 14—May 19

FEE: CR (\$25), NCR (\$30)

Friday Fun Nights (Ages 5-13)

Friday Fun Nights are inclusive opportunities for children with and without disabilities to play together. They are held on the third Friday of every month.

DAY/TIME: Friday, 6 - 9 p.m. DATES: Jan. 16 - May 15

FEE: \$7

Teen Programs

Teen Nites (Ages 13-17)

Teens, are you looking for something to do on Friday nights? Then come to Edison Johnson's Teen Nites, where you can hang out with your friends, dance to live D.J. music, play basketball, watch movies, and have fun. Each night will have a "special theme", and free snacks and refreshments will be served. Admission to Teen Nite is free, so grab your friends and head out to Edison Johnson!

TIME: 7- 10 p.m.

DATES: Jan. 9, Jan. 23, Feb. 13, Feb. 27,

Mar. 13, Mar. 27, Apr. 24, May 8

FEE: FREE!

NEW!!! Drawing Class (Ages 13 - 17)

Learn how to draw! This art class is geared toward both beginner and intermediate level artists. You will gain skills on how to depict what you see, with more accuracy and spontaneity. Supplies are provided.

DAY/TIME: Monday, 6:30 p.m. - 8:30 p.m.

SESSION: Feb. 23 - Mar. 30



Teen/Adult Programs

NEW!!! Zumba (Ages 13 and Up)

Zumba is a fusion of Latin and international music dance themes, which creates a dynamic, exciting, effective fitness system! Zumba combines high energy and motivating music with unique moves and combinations that allow the participants to dance away their worries.

DAY/TIME: Saturday, 1:30 p.m. - 2:30 p.m.

SESSION: Feb. 28 - Apr. 11 FEE: CR (\$20), NCR (\$25)

Pottery (Ages 13 and up)

Making a beautiful piece of pottery is not as hard as it looks. Participants in this class learn basic "throwing" techniques on the potter's wheel. They also learn techniques in wedging, centering, turning, and glazing.

DAY/TIME: Tues., 7- 9 p.m. (Ages 18 and up)

Thur., 6:30 - 8:30 p.m. (Ages 13 and up)

SESSIONS: Jan. 6 - Feb. 12, Feb. 24 - Apr. 2 and/or

Apr. 14 - May 21

FEE: CR (\$90), NCR (\$105)

Teen/Adult Open Recreation

Open Court Wallyball (Ages 16 and up)

"Wallyball" is a fun sport that brings the game of volleyball into a racquetball court! Most volleyball rules apply, but there are no boundaries—the ball can be played off the walls. Teams may consist of two to four players. Please call ahead to reserve the court. Court rates are per hour. There is an additional charge for use of the wallyball equipment.

DAYS/TIMES: Mon. - Fri., 8 a.m. - 9 p.m., Sat., 8 a.m. - 6 p.m.,

Sun., I p.m. - 6 p.m.

FEE (For use of court): CR (\$6), NCR (\$8) FEE (For use of equipment): CR (\$4), NCR (\$6)

Teen/Adult Open Recreation continued

Open Court Racquetball (Ages 16 and up)

Racquetball is a fast paced sport that promotes agility, endurance, eyehand coordination, and skill. The center has racquets, balls, and eye guards available for usage. Please call ahead to reserve a court. Court rates are per hour. Multi-use punch passes are also available for purchase.

DAY/TIME: Mon. - Fri., 8 a.m. - 9 p.m., Sat., 8 a.m. - 6 p.m.,

Sun., I p.m. - 6 p.m.

FEE: CR (\$6), NCR (\$8)

Open Gym Volleyball (Ages 18 and up)

Spike that ball! Participants play recreational co-ed volleyball games. It's a great opportunity to be physically active and socialize too! Everyone must bring a valid photo ID in order to participate.

DAY/TIME: Sun. 1:30 - 4 p.m.

DATES: Jan. 4 - May 3 I

FEE: CR (\$2), NCR (\$4)

Open Pottery Studio

Adult potters are invited to attend self-guided sessions in the pottery studio. Participants must provide their own clay and additional fees are charged for glazes and firing. The availability of "Open Pottery Studio" will vary in accordance to program needs. Current or past enrollment in a pottery or sculpture class at Edison Johnson is required.

DAYS/TIMES: Mon. and Fri., 6 - 9 p.m.

SESSIONS: Jan. 2 - May 29

FEE (For students currently enrolled in class):

CR (\$2), NCR (\$4)

FEE (If not currently enrolled in class):

CR (\$3), NCR (\$5)

Adult Programs

Sculpture and Handbuilding (Ages 18 and up)

Express yourself through clay! In this class, students will learn techniques for creating artistic sculptures. All materials and supplies, including clay, are provided.

DAYS/TIMES: Mon. 7 - 9 p.m.

SESSIONS: Jan. 5 - Feb. 9 and/or Apr. 13 - May 18

FEE: CR (\$75), NCR (\$85)

Adult Programs continued

Tai Chi (Ages 18 and up)

Discover the "quiet" inside yourself with Tai Chi! Participants learn the basic moves of this ancient Chinese art. Focus is on relaxation and stress reduction.

DAY/TIME: Wed., 7-8 p.m.

SESSIONS: Jan. 7 - Feb. 11, Feb. 25 - Apr. 1, and/or

Apr. 15 - May 20

FEE: CR (\$42), NCR (\$52)

Folk Dance (Ages 18 and up)

Let's Dance! This class teaches international dances including the Waltz, Swing, Scandinavian and Hungarian dances. Bringing a partner is helpful but not required.

DAY/TIME: Sun., 2 - 5 p.m. DATES: Jan. 4 - May 3 I

FEE: FREE!

ARC Dances (Ages 18 and up)

Monthly dances are held for persons with developmental disabilities and their families and friends. FREE! A \$2 contribution to the ARC of Durham is appreciated.

DAY/TIME: Sat. 6- 9 p.m.

DATES: Feb. 16, Mar. 15, Apr. 19, May 17

Mature Adult Programs

Fit-n-Fun for Mature Adults (Ages 55 and better)

This program is designed to improve your health and wellness through exercise. It will strengthen and tone major muscles of the body, increase flexibility and endurance, and reduce stress. Classes are taught to music!

DAYS/TIME: Mon., Wed., and Fri., 9-9:50 a.m.

DATES: |an. 2 - May 29

FEE: FREE!

Western Square Dancing (Ages 55 and better)

Ready for a fun, energetic morning, dancing with new friends? This program offers basic square and line dancing for Mature Adults. Bringing a partner is helpful, but not necessary!

DAY/TIME: Tues. 9 - 11 a.m. DATES: Jan. 6 - May 26

FEE: FREE! (Monthly donation appreciated)

Mature Adult Programs Continued

Senior Center (Ages 55 and better)

Join us and make new friends! Sponsored by the "Council for Senior Citizens," the Senior Center offers a fun gathering place for older adults

to socialize. Activities include bingo, cards, guest speakers, holiday parties, and day trips. A nutritious lunch is served each day (donations appreciated).

Council for Senior Citizens

Durham Center for Senior Life

DAYS/TIMES: Mon. through Fri., 10 a.m. - 1 p.m.

DATES: Jan. 5 - May 25

FEE: FREE!

Beginner Computer Class (Ages 55 and better)

Welcome to the world of computers! Learn basic computer skills and concepts. This course is designed for those who have never used a computer or who have limited experience.

DAYS/TIME: Mon. and Wed., 10 - 11:30 a.m.

SESSIONS: Jan. 5 - Feb. 11, Feb. 23 - Apr. 1, and/or

Apr. 13 - May 20

FEE: FREE!

Intermediate Computer Class (Ages 55 and better)

If you want to further your knowledge of Microsoft applications, this is the course! This class will give you a better understanding of computer concepts and applications.

DAYS/TIME: Mon. and Wed., I – 2:30 p.m.

SESSIONS: Jan. 5 - Feb. 11, Feb. 23 - Apr. 1 and/or Apr. 13 - May

20

FEE: FREE!

Bridge (Ages 55 and better)

Stop in and enjoy an afternoon playing bridge with others who love the game. This group consists of Mature Adults that enjoy bridge and fellowship with others.

DAY/TIME: Thurs. 12- 3 p.m. DATES: Jan. 8 - May 28

FEE: FREE!

Senior Choir (Ages 55 and better)

This class is for all mature adults who like to sing.

DAY/TIME: Mon., 10:30 - 11:30 a.m.

DATES: Jan. 5 - May 25

FEE: FREE!

Instructional Swim Programs

Session Fees for Swim Lessons:

Parent/Tot and Preschool Classes: CR (\$40), NCR (\$50) Youth and Adult Classes: CR (\$45), NCR (\$55)

Session Dates for Classes: Registration Start Date:

Monday and Wednesday (4 weeks)

February 2 - February 25 January 20, 2009
March 2 - March 25 February 16, 2009
March 30 - April 29 (No class 4/13 & 4/15)
March 23, 2009
May 4 - May 27 (No class 5/25) April 20, 2009

Tuesday and Thursday (4 weeks)

February 3 - February 26 January 20, 2009
March 3 - March 26 February 16, 2009
March 31 - April 30 (No class 4/14 & 4/16)
May 5 - May 28 April 20, 2009

Saturday (8 weeks)

January 24 - March 14 January 12, 2009 March 28 - May 16 March 16, 2009

Time	Mon/Wed	Tues/Thurs	Sat.
9:40-10:10 a.m.			Parent-Tot
9:40-10:10 a.m. 10:20-10:50 a.m.			Preschool (All Levels)
10:20-11:05 a.m.			Youth (Levels I, II, III)
11:15a.m12 p.m.			Preschool (to 11:45 am) (All levels) Youth (All Levels)
5:30-6 p.m.	Preschool (All Levels)	Parent-Tot & Preschool (All Levels)	
6:15-7 p.m.	Youth (Levels I, II, III)	Youth (Levels I, II, III)	
7:10-7:55 p.m.	Youth (Levels III, IV, V)	Adult	

Swim Program Descriptions

Parent-Tot (Ages 6 months-2 years)

Parent and child enter the water together. This class teaches the parent basic water skills and child safety in and around water. Learning is done through water exploration, play, and songs.

Preschool (Ages 3-5 years)

Classes are offered based on the American Red Cross Learn-to-Swim Program. Preschoolers begin with water adjustment and progress to basic water skills and swimming. They also learn about personal water safety and basic rescue. Students will be grouped according to their skill level on the first day of class.

Youth (Ages 6-12 years)

Classes are offered based on the American Red Cross Learn-to-Swim Program. All students are taught fundamentals of swimming, personal water safety, and basic water rescue. Students in this class will be grouped according to their skill level on the first day of class.

Levels I, II, and III: In these levels, children are introduced to the water, learn basic water skills, and progress to swimming 15 yards on their front and back.

Youth Levels III, IV, V: In these levels, children learn to swim different strokes for increasing distances. To qualify for this program, a child must be comfortable in the water and be able to swim, unsupported, for at least 5 yards on his/her front and back.

Adult Swim Lessons (Ages 13 and up)

This class is designed for beginner and intermediate swimmers. Students are divided into appropriate groups during the first class based on skill level. All students are taught the fundamentals of swimming, personal water safety, and basic water rescue.

More Aquatic Opportunities

Lap Swim (All Ages)

Patrons may utilize the facility's aquatic devices for swimming and personal workouts. The number of lanes available will vary. "Punch passes" and "extended use cards" are available. Call 560-4265 for information.

DAYS/TIMES: Mon. through Thurs.: 6 a.m. - 8 p.m., Fri: 6 a.m. - 7:30 p.m. Sat: 9:30 a.m. - 5 p.m., Sun: 1 p.m. - 5 p.m.

FEE: CR (\$2 ages 4 - 17, \$2.50 age 18+), NCR (\$4 ages 4 - 17, \$4.50 age 18+) Recreational Swim (All Ages)

Recreational Swiff (All Ages)

This is a time to enjoy informal water activities with friends and family.

"Extended use cards" are available. Call 560-4265 for information.

DAYS/TIMES: Mon. through Thurs.: Varies due to program schedule.

Fri: 6 - 7:30 p.m.

Sat. & Sun: I - 5 p.m.

FEE: CR (\$2 ages 4 - 17, \$2.50 age 18+), NCR (\$4 ages 4 - 17, \$4.50 age 18+)

Aquatic Opportunities Continued

Open Kayak Roll Sessions (Ages 15 and up)

Bring your kayak out to our aquatic facility to practice your roll indoors during the winter. Participants will have the opportunity to practice and perfect their kayak roll and enjoy fellowship with other local paddlers. Participants will need to bring their own kayak,

paddle, pfd, and any other equipment they may need.

DAY/TIME: Fri., 7 p.m. - 9 p.m.
DATES: Jan. 16, Feb. 20, Mar. 20

FEE: \$7



Aquatic Exercise Programs

Deep Water Aerobics (Ages 15 and up)

This invigorating class is conducted in deep water. The program is designed to give a total body workout. Sessions include cardio, toning and stretching components. Participants should be comfortable in deep water, even though flotation belts are provided.

WATER AEROBICS FEES:
CR (\$4 per class)
NCR (\$6 per class)
OR
16 class Punch Pass:
CR (\$42) NCR (\$52)

DAY/TIME: Sat., 9:45 - 10:30 a.m.

Shallow Water Aerobics (Ages 15 and up)

This class offers a total workout while protecting joints from the pounding of a traditional land aerobics class. The program is designed to utilize the natural resistance of water allowing for muscle toning, cardiovascular endurance, and increased flexibility. Participants do not need to know how to swim to join.

DAYS/TIMES: Mon. through Thurs. 6:15 - 7 p.m.

Aqua Arthritis (Ages 55 and better)

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Exercises are specifically designed for those individuals suffering from debilitating disorders such as Arthritis and Fibromyalgia. The goal is for participants to perform daily activities with increased comfort. Participants do not need to know how to swim.

DAYS/TIMES: Mon., Wed., and Fri. 11:15 a.m. - 12 p.m.

Senior Water Aerobics (Ages 55 and better)

This class offers a total water workout while enjoying a social atmosphere. The program is designed to utilize the natural resistance of water allowing for muscle toning, cardiovascular endurance, and increased flexibility. Participants do not need to know how to swim. DAYS/TIMES: Mon., Wed., and Fri. 10-10:45 a.m.

Aquatic Certification Programs

Lifeguard Course Requirements

To enroll in a Lifeguard Training Course, students must be able to swim 300 yards continuously using the following strokes: 100 front crawl, 100 breaststroke, & 100 crawl or breaststroke. Students must also be able to pass a timed test which requires him/her to swim while carrying a 10 pound object.

Lifeguard Training Course (Ages 15 and up)

This class certifies successful participants as American Red Cross Lifeguards. Course includes CPR/AED for the Professional Rescuer and First Aid Training. (Note: Session III is offered during the Durham Public Schools' spring break and is free of charge to students of Durham Public Schools. Participants must fill out an application. Space is limited.)

DAYS/TIMES: Friday, 5:30 - 8:30 p.m., Saturday 9 a.m.-5 p.m. & Sunday, 12-6 p.m. SESSIONS: March 13 - 22, March 27 - April 5, April 13 - 17 (This session is Mon-

Fri, 8 a.m.-6 p.m.), April 24 - May 3, May 8 - May 17, May 29 - June 7

FEE: CR (\$165) NCR (\$185)

Lifeguard Instructor Class (Ages 17 and up)

Upon successful completion of this class, participants will be certified to teach the American Red Cross Lifeguard Training course and its components. Participants must pass a 7-hour pre-course session. They must have a current or recently expired American Red Cross Lifeguard Training certificate and a CPR/AED for the Professional Rescuer certificate. They must possess a "Fundamentals of Instructor Training" certificate (FIT). Call 560-4265 for more information.

SESSIONS: I. April 13 - April 17, Monday through Friday, 8 a.m. - 6 p.m.

II. April 24 - May 3, Fri., 5:30 - 8:30pm, Sat. & Sun., 8 a.m.-6 p.m.

FEE: CR (\$140) NCR (\$150)

CPR/AED for the Professional Rescuer Review (Ages 15 & up)

To enroll in this course you must have a current or recently expired American Red Cross CPR/AED for the Professional Rescuer certificate. Participants will need a copy of the current Lifeguard Training Manual or CPR/AED for the Professional Rescuer Manual and a pocket mask.

SESSION: May 5 & 7, Tue. & Thur., 6 - 9 p.m.

FEE: CR (\$50) NCR (\$60)

Water Safety Instructor (Ages 16 and up)

Upon successful completion of this course, participants will be certified to teach American Red Cross Learn-to-Swim classes. Participants must pass a swimming pre-test. Participants must possess a "Fundamentals of Instructor Training" certificate" (FIT). FIT courses are offered at the Aquatic Center. For more information, call 560-4265. *Note: Classes will not be held on May 24 & 26.

SESSIONS: 1. Mar. 17 - Apr. 2, Tues. and Thurs., 5:30 - 9 p.m. & Sun., 12-6 p.m.

II. May 4 - May 20, Mon. and Wed., 5:30 - 9 p.m. & Sat., 9 a.m.-3 p,m,

FEE: CR (\$140) NCR (\$160)